

On Track Running Club

PARENT CONTRACT

Parents are vital to the development of young athletes. Whether sitting in the stands or helping out as a volunteer, parents must set a positive example. Parents, and adults involved in youth sports, should be models of good sportsmanship and lead by example on and off the playing field. Please initial each item, sign and return.

- I will give constructive criticism during a private moment, never in front of other parents, participants, officials, spectators, etc. I will adhere to the following complaint hierarchy when addressing an issue. Head Coach > Parent Liaison > On Track Board. _____
- I will respect the volunteerism of our club's coaches and administration. I will acknowledge through my respectful behavior, the commitment to my child that these people make by choosing to volunteer their time. _____
- I will refrain from using profanity. _____
- I will abide by doctor's decision in all matters of players health and injuries, and physical ability to play. _____
- I will not criticize an opposing team, its players, fans or coaches by words or gestures. _____
- I will support the coaches, players and officials and help teach the value of commitment to the teams, sportsmanship, ethical conduct and fair play. _____
- I will not encourage my child, or any other person to engage in unsportsmanlike conduct with any coach, parent, player, participants, officials or any other attendee. I recognize this includes bullying of any teammate or opponent. _____
- I will not use tobacco, alcohol or illegal narcotics in front of players or anywhere on the practice or competition facilities at any time. _____
- I promise to set a respectful example by ensuring my child's attendance at practices and meets on time. I also acknowledge the importance of picking up my child on time at the end of practice. _____
- I promise to make sure my child has a reusable bottle of water or sports drink at every practice and acknowledge that my child will not be allowed to participate if they do not. _____
- I acknowledge that if my child registers for a meet for which the club pays a fee, and my child does not attend that meet I will repay the club for that registration fee. _____
- I acknowledge that I will be responsible for any travel cost including but not limited to lodging, meals, gas, airline tickets, train tickets, transportation cost, etc. incurred to attend all track meets. _____

Child's Name: _____

Parent's Printed Name: _____

Date: _____

Parent's Signature: _____

On Track Running Club

EMERGENCY MEDICAL & AUTHORIZATION FORM

To: **On Track Running Club**, I represent that I am the parent or legal guardian of _____, and that I have completed all the required registration forms. By my signature below I hereby give my consent for the above named child to participate in practices, track meets, travel and other activities sanctioned, sponsored, and/or attended by the **On Track Running Club**. I authorize the Head Coach, Board of Directors or Staff Members to sign the standard athlete's release form when entering my child in any USA Track & Field sanction events. Should I decide to withdraw my child from participation in the club and its activities, I agree to notify the Head Coach in writing that I am withdrawing my child and that a refund (at the clubs discretion) will be pro-rated based on the completion of the season based on time and participation. However the team will always keep the initial \$25 of the total fee due the mandatory items previously listed.

HOLD HARMLESS STATEMENT: In consideration for my child's acceptance of entry on the **On Track Running Club** and USATF Youth Athletics Program, I attend to be legally bound do hereby for myself, my heirs, executors and administrators waive, release and forever discharge all rights and claims for damage which may hereafter accrue to me against. The **On Track Running Club** Board of Directors owners/operators of facilities used for Youth Athletics, Head Coach and Staff Members, servants, USATF and USATF North Carolina against any and all rights and claims which I have or which may arise in conjunction with my child's participation or travel to and from practices, track meets, or other activities sanctioned, sponsored and /or attended by the **On Track Running Club** & USATF.

In the event the need for emergency medical treatment arises and reasonable attempts to contact me at with the information I have provided and are unsuccessful. I hereby give my consent for the administration of any emergency medical treatment deemed necessary by Dr. _____, my preferred physician whose phone number is _____; or in the event the preferred practitioner is not available I give my consent for the administration of emergency medical treatment by an emergency medical team, licensed physician or hospital chosen by the **On Track Running Club**.

Facts concerning the child's medical history including allergies, medications, and any physical impairment to which a physician should be alerted are listed below. I represent that the list below is current and accurate and includes all allergies. The undersigned further represents that the above named child is physically fit and physical impairments that will anyway affect the child's participation have been brought to the attention of the Board of Directors and the Head Coach of the **On Track Running Club** in WRITING.

LIST ALL ALLERGIES, MEDICATIONS, OR ANY OTHER MEDICAL INFORMATION THAT IS PERTINENT TO YOUR CHILD'S PARTICIPATION.

On Track Running Club

Below are the events that we will be training our athletes for. Not all meets will have all of these events. When we register your child for a meet, we can enter them in up to 3 events. Please check the events you would like your child to be trained for. We reserve the right to move your child (after talking with them and you) if their training and progress would point to an event that they had not previously considered.

#	Event	Choice 1	Choice 2	Choice 3	Choice 4
1;	100 Meter				
2;	200 Meter				
3;	400 Meter				
4;	800 Meter				
5;	1500 Meter				
6;	3000 Meter				
7;	80 Meter Hurdles				
8;	110 Meter Hurdles				
9;	200 Meter Hurdles				
10;	400 Meter Hurdles				
11;	Triple Jump				
12;	Long Jump				
13;	High Jump				
14;	Shot Put				
15;	Discuss				
16;	Javelin				
17;	4 x 100 relay				
18;	4 x 200 relay				
19;	4 x 400 relay				
20;	4 x 800 relay				
Child's Name					
Age					
Parent Name					
Parent Signature					